



# District Eight Service Bulletin

Volume 51, No. 4

February 2008

Governor Peggy Hughes 2006-2008

Connect to Build Altrusa's Future

## Governor's Message

*Calling* all District Eight members to stow your cares away and buy a ticket to the 52<sup>nd</sup> Altrusa District Eight Conference April 25-26, 2008. Connect today so you can *Get on Board* a dynamic *Altrusa steam engine* headed to Rogers Arkansas' beautiful Embassy Suites exit 83 off highway 71/I540.

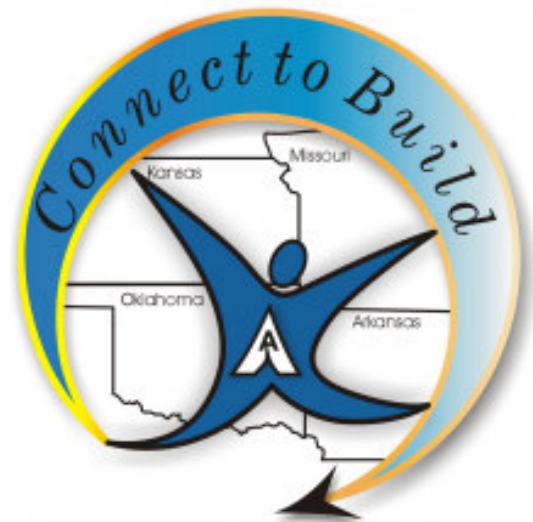
The excitement is building, just like a steam engine that slowly and progressively increases in speed. You too can become a driving force by calling for registrations early, then gathering in Rogers to become a part of an organized "group cheer" lead by Altrusans all over District Eight.

Many exciting and intriguing activities are planned for your enjoyment and relaxation. We are honored to have International Director Doris Kowalski from District Six as our International Visitor. Please take the opportunity to meet her and learn more about the international scope of Altrusa when she shares information with us.

Calling all Conference First Timers!!! You can get a discount of \$25.00 off the conference registration fee by registering before March 20<sup>th</sup>. Plan now *not* to miss any detail of this dynamic conference.

Need to laugh and have fun? Come to conference to meet a superb and exciting children's book author Dr Michael Shoulders who is the Friday Lunch Keynote Speaker. Many of us had the privilege to meet him at Convention last summer. He has so much enthusiasm and humor that everyone learns and has a good time. I can't wait to hear his message again.

Governor  
Peggy Hughes



Sponsors, now is the time to encourage your new member/s to attend conference. Attending conference is the easiest way to get new members oriented quickly. Be sure to let them know what a bargain attending conference is. Read more about it at [www.altrusadistricteight.org](http://www.altrusadistricteight.org). If you've not yet recruited at least one new member this year, there is still time. Get your Altrusa steam engine stoked and just

## **Altrusa Fact**

### **District Eight Mission**

### **Statement**

*Altrusa District Eight works to strengthen community service and fellowship among clubs, to develop leaders, and to foster International understanding.*

make it happen! Remember, the newest member attending conference gets her registration free!!

The FUNshop workshops lead by incoming Governor-Elect Linda Smith's new team will be creative and challenging. There will be District awards presented for outstanding club project work, newsletters, yearbooks, club displays. Show your Altrusa pride, bring your club banner to display among the others.

Be your club's mover, shaker and *go to* person. Come to conference to get recharged with new and inspired ideas to use with your club, your job and home.

Electing a slate of new district officers will be this year's primary business so plan to attend the Candidate's Forum on Friday. You can see photos, bios and read more about the candidates online at [www.altrusadistricteight.org](http://www.altrusadistricteight.org) in the February online DSB issue, click on publications to the left on the first screen.

Find all this information and more online at [www.altrusadistricteight.org](http://www.altrusadistricteight.org) including the invitation from the host club, the conference registration form, first timer discount info, a sneak preview of activities, deadlines for award entries, tentative conference schedule and articles that will help with your Altrusa activities.

Rogers is so centrally located in our district everyone will have a short

easy drive to a beautiful area that is teeming with recreational activities.

Remember to return your conference registration form today. It will be a thrill to see more District Eight members than ever before at this District Eight Conference.

It's time to get your motor running and then get "Alllll A Board" and Connect to Build Altrusa's Future and..... Yours..... See you soon! Governor Peggy

### **2006-2008 biennium goals are:**

- **BUILD AND MAINTAIN MEMBERSHIP GROWTH THROUGH RECRUITMENT, RETENTION AND NEW CLUB BUILDING** (MEMBERSHIP, NEW CLUB BUILDING)
- **CONNECT MEMBERS TO COMMUNICATION AND IMAGE BUILDING RESOURCES THROUGH TECHNOLOGY** (COMMUNICATIONS, WEBMASTER, DSB EDITOR, INFORMATION TECHNOLOGY PERSON)
- **SUPPORT CLUBS IN THE MISSION TO IMPACT THEIR COMMUNITIES IN POSITIVE WAYS SUCH AS ASTRA AND COMMUNITY SERVICE**(ASTRA, SERVICE, STRATEGIC PLANNER, FOUNDATION LIAISON)
- **CONNECT MEMBERS TO GROWTH OPPORTUNITIES FOR PERSONAL AND PROFESSIONAL LEADERSHIP DEVELOPMENT** (LEADERSHIP, STRATEGIC PLANNER, BRR)
- **BUILD ADDITIONAL ORGANIZATION AND PLANNING SKILLS**(STRATEGIC PLANNER, BRR, FOUNDATION LIAISON)

# Send in those Forms!

By now all of you should be thinking about your election of new officers. As soon as the officers are elected and the new committee chairs are appointed for 2008-2009, send that information in. Where do I find the forms? Go to [www.altrusa.com](http://www.altrusa.com) and click on the Forms tab on the left side of the home page. There you will find both the Roster of Club Officers as well as the Roster of Club Committee Chairs. Make 3 copies:

- Keep one for your files
- Send one to the incoming District Secretary Brenda Smith at 1922 Foxtail Drive, Salina, KS 67401 (or email to her at [brsmith53@cox.net](mailto:brsmith53@cox.net))
- Send one to the International Office; the address is listed on the bottom of the form

The sooner we get all of the club information, the sooner we can get the directories to you. Since we don't have to wait for an International Convention this year, we hope to get them out as soon after Conference as physically possible!

If you have questions about the forms, don't hesitate to call myself or Brenda at 785-825-6935 or email me at [lksmith53@cox.net](mailto:lksmith53@cox.net).

Linda K. Smith, Governor-elect

## Thanks

My Dear District Eight Altrusans,

I am truly overwhelmed at the kindness and generosity of each of you individually and your clubs collectively. I don't think I can ever truly repay all of you for your gift cards, monetary gifts and even clothing, after my home burned in December. It has been like my birthday for the last two months, with unexpected surprises arriving weekly. God has blessed me so much with so many thoughtful and caring friends and wonderful Christians who have truly given so much more than they have received. I thank each of you for your caring and concern and pray that God will always bless you as you have blessed me and so many others. Without your love and support, I am not sure I could have weathered this storm so well. Without all of the 'stuff' I had cluttered my life with, it has been so much easier to realign my priorities and loving friends and family is certainly at the top of my list. Thank you for the strength and hope that you have given me.

From the bottom of my heart,

Penny Storms

### **Altrusa Fact**

#### ***District Eight***

#### ***Vision***

#### ***Statement***

*Altrusa District*

*Eight*

*Leads in*

*Service*

*by empowering*

*local*

*clubs to*

*provide*

*leadership and*

*service*

*to their*

*communities*

# International Visitor

## Doris K. Kowalski

**District Six**

**Altrusa International, Inc. of Galesburg, IL**

A member of Altrusa International, Inc. of Galesburg, Illinois, Doris is currently serving her second term as President. She first served as President from 1993-95; her current term is 2007-2009. Doris has held a variety of local Club offices and Committee Chairmanships. Doris served as Governor of District Six in 2003-2005. She continues to serve on the District level as Chair of New Club Building and as a workshop presenter at Conference. Doris has served the International organization twice as a member of the Convention Elections Committee.

and Social Service activities.

An active member of the Galesburg community, Doris

is currently a Committee Chairperson for the OSF St. Mary Medical Center Foundation Ball. She is a proud member of the Galesburg High School Marching Streaks Band Boosters!

Doris resides in Galesburg with her husband Dick, son Sterling (GHS sophomore), and Sheltie, Star. She enjoys traveling, theatre, music, and is an avid reader.



### **Altrusa Fact**

**Displays and Exhibits**

*Create a marketing tool to use again in your community. Bring a display of your club's service & fundraising projects to Conference.*

Doris is employed by OSF Holy Family Medical Center (Monmouth, IL) as Director of the Care Ethics Department, overseeing Quality/Safety, Compliance, Risk, Case Management,

## *Welcome to New Members*

**Bentonville**  
**Bella Vista**  
Carolyn Lacey

Sager Louise  
Cindy Ragan

**Jonesboro**  
Christen Caples  
Jalena Prichard

Peggy Laizure  
Maggie Williams

**Chickasha**  
Alisa Wagner

**Hot Springs Village**  
Gail Ashmore  
Teri LaBove

**Little Rock**  
Brady Patricia

**Poplar Bluff**  
Julie Allison

**Dexter**  
Tammy Robinson  
Charlotte Vandiver

Juanita Langston  
Carol Lanning  
Marie Noeacki  
Cheryl Robertson

**Norman**  
Becky Aguilar  
Susan Byers  
Deborah Caddell  
Johnie Dandridge

**Salina**  
Susan Scott

**Fayetteville**  
Adkins Kathy

Suzanne Stofer  
Krista Underwood

**St Louis**  
Amy Westermann

# Nominees for 2008-2011

## District Eight Offices:

### **Governor:**

Linda Smith, Salina KS

### **Governor-Elect:**

Diane Eberhard, Sikeston MO

### **First Vice Governor:**

Pam Nunnely, Columbia MO

Sue Hart, Greater Kansas City MO

### **Second Vice Governor:**

Carolyn Mireles, Stillwater OK

Joan Hoover, Hot Springs Village AR

### **Director:**

Becky Wood, Fayetteville AR

Linda Wood Sharp Jonesboro AR

Veronica Kramer, Columbia MO

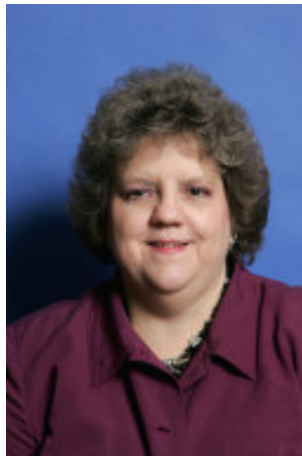
### **Treasurer:**

Cheri Heeren, Sedalia MO

(Note: At the 2007 Conference delegates adopted a change in biennium years to match International's biennium beginning with the 2008 Conference. Officers elected in 2008 will serve for three (3) years with the two (2) year rotation beginning again in 2011)

## **Linda K. Smith - Governor**

Linda K. Smith became an Altrusan in 1990 and has held most of the offices and committee chair positions in her local club, Altrusa International of Salina, KS. She is currently Foundation Treasurer.

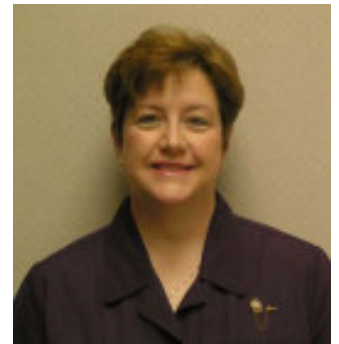


Linda has served District Eight as a District Director, First Vice Governor, Governor-Elect and looks forward to serving the District for the next three years as Governor. She has attended every District Conference since 1992.

With the theme, Altrusa's Team – Together Everyone Achieves More – Linda anticipates a productive three years for District Eight as we all work together to strengthen Altrusa's impact in our communities.

## **Diane Eberhard - Governor Elect**

A member since 1987, Diane serves currently as District First Vice-Governor and Webmaster.



In her local club in Sikeston MO, she currently serves as Treasurer and Communications Chair, as well as the Club's Foundation President.

Married for 28 years, Diane and James have two children, Erin and Justin. Erin is also a member of the Sikeston Altrusa Club.

Diane has been in banking for over 20 years. She serves as the Parish Council President for her church and as the Advisory Council President for the House of Refuge for Battered and Abused Women and Children.

## **Pam Nunnely - First Vice Governor**

A member of Altrusa Columbia, MO since 1998, Pam served as 2002-2004 club President. Currently she is Service co-chair and the Fundraiser co-chair.



On the District level, Pam served as Membership Chair for Governor Alice Ann Simkins. She was a District Director from 2004-2006 and is currently District Eight's Second Vice-Governor. As a University of Missouri-Columbia graduate, she has been a teacher in Columbia's public school district for 11 years.

In addition to Altrusa, Pam serves on the Board of Directors as treasurer for "The Shelter" for victims of domestic violence and sexual assault. She is a Board Member-At-Large for Girl Scouts Council of Mid-Missouri and was recently elected co-president for Nora Stewart Memorial Nursery School. From 2002-2006, Pam was a National Standards Committee

Representative for Alpha Kappa Alpha Sorority, Inc. In addition, she is serving as a Centennial Coordinator for the Mid-Western Region (Missouri and Nebraska). A Cheer Coach, she is Spirit Squads Coordinator and Girls Basketball Cheerleading Coach for Hickman High School.

## **Sue Hart - First Vice Governor**



An Altrusan since 1985, Sue has served the Altrusa Club of Greater Kansas City two terms as club treasurer, two terms as club president and other chair positions. For District Eight, she served as Board Treasurer 2004-2006.

Other District positions include Foundation Liaison 2006-2008, District Service Bulletin Edi-

tor 1996-1998 and International Relations Chair 1994-1996.

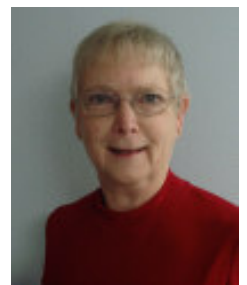
Representing her club, Sue has attended numerous District Conferences and International Conventions.

In addition to volunteering for Altrusa, Sue served on the Board for the American Needlepoint Guild as treasurer from 2000-2004 where the annual operating budget was in excess of \$1 million along with a foundation account in excess of \$500,000. ANG is a national organization of over 10,000 members and managed by a volunteer board.

Professionally, Sue is a veteran banker having been in banking for over thirty years. Presently with Great Western Bank, a regional bank operating in six states with 100 branches, Sue is a Vice President, commercial loan officer. Sue and her husband of thirty-seven years, Terry, live in Overland Park, Kansas. They have two children and five grandchildren.

## **Carolyn Mireles - Second Vice Governor**

A member since May 1999, Carolyn has served Stillwater Altrusans as: Secretary, Treasurer, Vice President, and President. She is currently immediate Past President.



Committees are an important part of her Club. She currently serves as Membership Co-Chairman and as a member of the Vocational Service Committee. She served on the District Board as District Secretary for Governor Debbie Holesko from 2004-2006. Volunteerism is important to Altrusans and Carolyn serves as secretary of the Trustees, plays in the handbell choir, and sings in the Chancel Choir at her church. She travels,

once a month, to Oklahoma City to work in the Regional Food Bank where sacks for the “Blue Backpack Program” are filled. Stillwater Altrusans donate age appropriate books for children in this program to take home as their own. Formerly a medical technologist for 15 years, Carolyn is now a travel agent for CWT/International Tours.

### **Joan Hoover - Second Vice Governor**

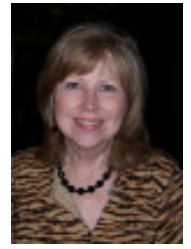
Joan became an Altrusan in 1979 in Abilene TX where she held all offices including President, Treasurer and was District Nine Conference Co-chair. In 1999 she transferred to the Little Rock AR Club where she served as President and Foundation Treasurer. She organized the Hot Springs Village Altrusa Club, chartered March, 2004. As their first president, she continues board service as a director. In addition she has served as Communications Chair and is currently Membership Development Chair.



After 38 years in the medical technology field, she sold her business, and moved to Hot Springs Village with her late husband, A.J. Their family consists of 3 children and one granddaughter. She is an active member of her church. Other activities include Hot Springs AAUW as President and current Treasurer. She is currently Treasurer for Arkansas AAUW, a state board position and remains a member of NARFE where she has served as Treasurer for 4 years. She has served as District Eight’s New Club Building Chair for 6 years and will serve as Strategic Planning chair during the next biennium. International Conventions include Puerto Rico, Dallas, Seattle and Albuquerque. She has attended most District Eight Conferences since 1999 and 11 District Nine Conferences.

### **Becky Wood - Director**

Becky Wood became an Altrusan in 1992. She has served her Fayetteville club in many officer positions including President. She has served as a Foundation officer and various club committees’ chair. Becky was involved with the T.U.G.S (t-shirts, underwear, gloves and socks) project, which won the Mamie L. Bass Award, the club’s B.O.W. (Builder of Women) project, which also won the Mamie L. Bass Award and the Governors’ Distinguished Service Award. During Becky’s presidency, she spearheaded a new fundraising event called “Battle of the Badges” which has raised more than \$11,000 each year to help service agencies in the community. Becky has served several District Eight Governors with her participation in various conference activities; most recently she presided over the flag ceremony at the Columbia, Missouri conference in 2007. She will chair the Altrusa Silent Auction for the Rogers Conference. Becky has been employed by J. C. Penney since 1980, most recently as Senior Merchandise Manager for Women’s Apparel and Women’s Accessories. She has received multiple James Cash Penney Awards for Volunteerism from JCP Corporate for her excellence in working to meet community needs away from her time at J.C. Penney. Becky serves her company as United Way corporate volunteer coordinator. Becky strives to be creative in involving and inspiring others to do their best, both in her work environment and in her volunteer activities. She is an innovative and energetic leader. Becky loves photography and interior design, and is passionate about her family. She and husband Ron have a daughter, Leslie, a son B. T., and two grandchildren. Becky says “If you really want to know what Altrusa is about, attend as many conferences and conventions as you can. It is there that you step into Mamie Bass’s shoes to feel passion for patriotism, efficiency and service.”



## **Linda Wood Sharp - Director**



Linda currently serves as District Treasurer and Communication Chair. An Altrusan since 1994, she has served her Jonesboro club as President, Treasurer and Newsletter Editor. She is employed by Arkansas State University Technical Center as a Director.

Married to Terry for 23 year between them they have two sons and five granddaughters. She enjoys reading mysteries, working with glass and photography.

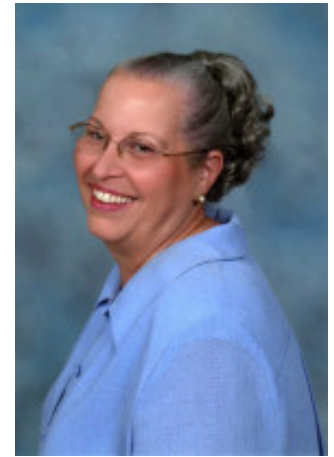
## **Veronica Kramer - Director**

Veronica has been a member of the Altrusa Club of Columbia since 2003 and is currently serving as club President. A 1997 graduate from Southwest Missouri State University, she has a B.S. in Agricultural Animal Science and a Master's of Public Administration from the University of Missouri. Kramer works for the Baptist General Convention of Missouri and owns a stationery store, Pen Point Paperie, in downtown Columbia. Kramer is married to Brian and they have been married for thirteen years. They have two children; Flash (basset hound) and Cosmo (sun conure parrot). Altrusa has been a very important part of her life in the last five years. She hopes to find ways to attract younger professionals to the organization. "If we do not focus on this issue we are not going to have active clubs and we are going to lose clubs in our District," says Veronica.



## **Cheri Heeren - Treasurer**

Cheri became a Sedalia Altrusan in 1991. She has chaired various committees and served as club president, vice-president, and director. She served as District Eight Community Service Chair under Cynda Wright and will be District Leadership Chair for Linda Smith.



Formerly an elementary school teacher, Cheri is now Executive Director for Pettis County Community Partnership (PCCP). She has built the organization from the ground up during the past 11 ½ years. The organization has grown to encompass many different outreach programs with various funding streams (state, federal and private) with a total budget of about \$700,000.00. Cheri is no stranger to financial reports and accounting procedures.

Cheri holds a M.S. in educational technology and an Education Specialist degree. She maintained adjunct faculty positions at CMSU and State Fair Community College for many years, in addition to her job at PCCP. Cheri is active in her church. She is on several state level boards and advisory councils; has been president of Sorosis and is currently president of her P.E.O. chapter. Cheri served on the Board of Directors for the Boys and Girls Club and was a founding board member of the Community Free Clinic, serving as vice-president, secretary and treasurer of the board. Married to Dale, they have a total of six children and eleven grandchildren. Her hobby now is being "grandma" and photography. She won a blue ribbon last summer at the Missouri State Fair.

# Career Exchange

District Fifteen extends an invitation to Altrusans to participate in the Career Exchange programme.

The Career Exchange would be for the year 2009 when District Fifteen Conference is to be held in Dunedin, with the reciprocal visit to the District of the successful applicant in 2010.

The closing date for applications is 22nd August 2008, and the successful applicant would be notified by mid October 2008.

*Application forms may also be downloaded from the District Fifteen Website:- [www.altrusa.org.nz](http://www.altrusa.org.nz)*

## **CAREER EXCHANGE TO DISTRICT FIFTEEN 2009**

Applications are sought from Active Altrusans to participate in the District Fifteen-Career Exchange.

Applicants must comply with the criteria as set out on the attached form and use the application form provided.

Criteria for applicants, objectives, candidate's responsibilities etc are clearly set out in the attached information. Applicants are reminded that the visit must be for a period of not less than three weeks, and not more than six weeks, and should be taken at a time which would enable attendance at the Annual Conference of District Fifteen which takes place at

*Dunedin , New Zealand  
1<sup>st</sup> to 3<sup>rd</sup> May 2009*

Clubs most likely to be visited would be throughout the two islands of New Zealand.

### **Closing Date for Applications**

Applications close on 22<sup>nd</sup> August 2008 and should be sent to -

Patricia O'Donnell  
First Vice Governor and Career Exchange Co-ordinator  
85a Freyberg Street  
Lyal Bay  
Wellington  
New Zealand

*Application forms can also be downloaded from the District Fifteen Website:- [www.altrusa.org.nz](http://www.altrusa.org.nz)*

It is anticipated that candidates will be notified of the results of the selection by mid October 2008

Yours in Altrusa

*Chris*

Chris Mouter  
Governor, District Fifteen

# DISTRICT FIFTEEN CAREER EXCHANGE 2009

## APPLICATION FORM

attach passport  
sized photo here

**Name:** \_\_\_\_\_  
Surname First Names

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Phone:** \_\_\_\_\_ **Fax:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Club:** \_\_\_\_\_ **District:** \_\_\_\_\_

**Date Joined Altrusa:** \_\_\_\_\_ **Month:** \_\_\_\_\_ **Year:** \_\_\_\_\_

**Classification:** \_\_\_\_\_ **Position:** \_\_\_\_\_

**Offices held in Altrusa: (include dates)**

**Brief description of current involvement:**

- ✍ Briefly outline your job history, your reasons for applying for the exchange and the particular area of your career you would like to pursue in New Zealand emphasizing perceived benefits to your career and personal development.
- ✍ State if you would be prepared to run a workshop at District Fifteen Conference?
- ✍ List hobbies, cultural interests.
- ✍ Use no more than 750 words, typed, double-spaced on a sheet attached to this application form.
- ✍ One written reference by a person of standing in your community in support of your application may be included with the Application Form.

**APPROXIMATELY HOW LONG WOULD YOU ANTICIPATE STAYING IN NEW ZEALAND?**

**3      4      5                                      6      WEEKS (circle as applicable)**

\_\_\_\_\_

I declare to my knowledge that the information presented in this application is correct and that I am in good health. If selected, I declare that I will comply with the requirements as set in the *Career Exchange Policies*.

**Signature of Applicant:**

**Date:**

-----

I support this application, as the applicant is a member of good standing and is meeting the responsibilities of membership.

**Signature of Club President:**

**Date:**

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I declare that, to my knowledge, the applicant meets the Criteria for Eligibility, and would be a good ambassador, and I therefore support this application.

**Signature of District Governor:**

**Date:**

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## CAREER EXCHANGE 2008 POLICIES

### OBJECTIVES

- 1 To foster greater International understanding.
- 2 To broaden the full personal and professional development of career people in Altrusa, from any clubs within a participating District of Altrusa International Inc.
- 3 To provide personal contact and work observer experience in New Zealand within the chosen field of employment of the Awardee.

### CRITERIA FOR ELIGIBILITY

- 1 Applicants must have been Altrusans for a minimum period of five years at closing date for applications.
- 2 Applicants must be Altrusans of good standing and meeting the responsibilities of membership.
- 3 Applicants must be active members, full-time in their chosen fields of employment. (Retired members are not eligible).
- 4 A previous awardee is not eligible to submit a further application.
- 5 Applicants must be in good health.

### RESPONSIBILITIES OF DISTRICT FIFTEEN

- 1 To select the awardee.
- 2 To fund return air transport (economy class) between the country of origin and its departure airport closest to New Zealand.
- 3 To home host the Awardee for a period of not less than three weeks and not more than six weeks.
- 4 To organise cost free, or provide funds, for domestic travel within New Zealand or the duration of the stay.
- 5 To arrange appropriate contacts pertinent to the career interests of the Awardee.
- 6 To pay full registration and meal costs at District Fifteen conference.
- 7 To appoint a co-ordinator responsible for the internal planning of the visit with the final plans subject to approval by the District Governor.

# DISTRICT EIGHT

## ALTRUSA INTERNATIONAL, INC.

### Proposed Budget 2008-2009

**INCOME**

Dues - Affiliate	
Dues - NEW Members	
Dues - Renewal & Late Fee	
Renewing members	7,800.00
<b>TOTAL Dues - Full</b>	
TOTAL Dues - Half	50.00
Interest CDs	600.00
Other Inc	
Projected Carryover	
Surplus from prior years	4,340.00
<b>TOTAL INCOME</b>	<b>12,790.00</b>

**EXPENSES**

Bank Charge	0.00
Club Visits	2,500.00
Committee Chairs	100.00
Conference - Board Expense	2,500.00
Conference Start Up Fund	0.00
District Service Bulletin	1,100.00
Governor Elect Training	540.00
Governor's Distinguished Service Award	100.00
Honorarium Int'l Rep	50.00
International Convention	500.00
LHB Literacy Award	100.00
Long Range Planning	50.00
Mamie L. Bass Award	100.00
Midyear Board Meeting	1,800.00
New Club Building	750.00
Nominating Committee	0.00
Office Supplies	50.00
Postage and Delivery	200.00
Presidents Workshop	500.00
Printing and Reproduction	150.00
Program Planning	0.00
Revitalization	1,000.00
Governor's Pin	0.00
Surety Bond	50.00
Transfer of Files	50.00
Travel & Accident Insurance	100.00
Website Expense	500.00
<b>TOTAL EXPENSES</b>	<b>12,790.00</b>